



Vitality
Natural Health &
Wellness Center

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April 2020 Vitalit-E-News References

Growing Organic: Save Money, Reduce Toxins, Protect Your Health

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Pizza! Pizza! Basil, Onion & Spinach Supreme

Recipe adapted from Broma Bakery: <https://bromabakery.com/caramelized-onion-mushroom-spinach-pizza/>



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