



Vitality

Natural Health and Wellness Center

"The path to a healthier, more vital you."

Directions to Vitality Natural Health and Wellness Center from Erie:

1. Take I-79 South (towards Pittsburgh).
2. Take Exit 147A to merge onto US-19 N/ US-322 E/ US-6E toward Meadville.
3. Follow 322 for 2 miles and take a slight **right** onto Park Avenue.
4. Turn **right** on Chestnut Street.
5. At the first stop sign, go straight.
6. At the second stop sign, go straight.
7. At the third stop sign, turn **left** onto Grove Street.
8. At the traffic light, turn **right** onto North Street.
9. Turn **left** onto South Grant Street (first brick street to the left).
10. Turn **right** onto Remlar Alley.
11. Our parking lot is the paved lot and you can enter through the rear of the building.

From Vitality Natural Health and Wellness Center to I-79:

1. Turn **right** out of our parking lot onto Remlar Alley.
2. Turn **left** onto South Grant Street.
3. Turn **right** onto North Street at the stop sign.
4. At the traffic light, turn **left** onto Grove Street.
5. Take Grove Street until you come to a T-intersection. Meadville Medical Center will be on your right. Turn **right** onto Poplar Street.
6. At the stop sign turn **left** onto Liberty Street.
7. Turn right onto Linden Street (Meadville Ophthalmology Associates will be on your left when you turn onto Linden).
8. At the third traffic light, turn **left** onto US-322.
9. Follow US-322 until you see signs for I-79.